

# Alba / Tramonto 2026

Mese						
	Gennaio	Febbraio	Marzo	Aprile	Maggio	Giugno
1	06:19 / 15:40	06:05 / 16:14	05:30 / 16:47	05:40 / 18:19	04:56 / 18:50	04:29 / 19:19
2	06:19 / 15:41	06:04 / 16:15	05:28 / 16:48	05:38 / 18:21	04:54 / 18:51	04:28 / 19:19
3	06:19 / 15:42	06:03 / 16:16	05:27 / 16:49	05:37 / 18:22	04:53 / 18:52	04:28 / 19:20
4	06:19 / 15:42	06:02 / 16:17	05:25 / 16:50	05:35 / 18:23	04:52 / 18:53	04:27 / 19:21
5	06:19 / 15:43	06:01 / 16:18	05:23 / 16:51	05:33 / 18:24	04:51 / 18:54	04:27 / 19:21
6	06:19 / 15:44	06:00 / 16:20	05:22 / 16:52	05:32 / 18:25	04:50 / 18:55	04:27 / 19:22
7	06:19 / 15:45	05:59 / 16:21	05:20 / 16:53	05:30 / 18:26	04:48 / 18:56	04:27 / 19:23
8	06:19 / 15:46	05:58 / 16:22	05:19 / 16:54	05:29 / 18:27	04:47 / 18:57	04:26 / 19:23
9	06:19 / 15:47	05:57 / 16:23	05:17 / 16:55	05:27 / 18:28	04:46 / 18:58	04:26 / 19:24
10	06:18 / 15:48	05:56 / 16:24	05:16 / 16:57	05:26 / 18:29	04:45 / 18:59	04:26 / 19:24
11	06:18 / 15:49	05:54 / 16:26	05:14 / 16:58	05:24 / 18:30	04:44 / 19:00	04:26 / 19:25
12	06:18 / 15:50	05:53 / 16:27	05:12 / 16:59	05:22 / 18:31	04:43 / 19:01	04:26 / 19:25
13	06:18 / 15:51	05:52 / 16:28	05:11 / 17:00	05:21 / 18:32	04:42 / 19:02	04:26 / 19:26
14	06:17 / 15:52	05:51 / 16:29	05:09 / 17:01	05:19 / 18:33	04:41 / 19:03	04:26 / 19:26
15	06:17 / 15:54	05:49 / 16:30	05:08 / 17:02	05:18 / 18:34	04:40 / 19:04	04:26 / 19:27
16	06:16 / 15:55	05:48 / 16:32	05:06 / 17:03	05:16 / 18:35	04:39 / 19:05	04:26 / 19:27
17	06:16 / 15:56	05:47 / 16:33	05:04 / 17:04	05:15 / 18:36	04:38 / 19:06	04:26 / 19:27
18	06:15 / 15:57	05:45 / 16:34	05:03 / 17:05	05:13 / 18:37	04:38 / 19:07	04:26 / 19:28
19	06:15 / 15:58	05:44 / 16:35	05:01 / 17:06	05:12 / 18:38	04:37 / 19:08	04:26 / 19:28
20	06:14 / 15:59	05:43 / 16:36	04:59 / 17:07	05:10 / 18:39	04:36 / 19:09	04:27 / 19:28
21	06:14 / 16:00	05:41 / 16:38	04:58 / 17:08	05:09 / 18:40	04:35 / 19:10	04:27 / 19:29
22	06:13 / 16:02	05:40 / 16:39	04:56 / 17:09	05:08 / 18:41	04:34 / 19:11	04:27 / 19:29
23	06:13 / 16:03	05:38 / 16:40	04:55 / 17:10	05:06 / 18:42	04:34 / 19:12	04:27 / 19:29
24	06:12 / 16:04	05:37 / 16:41	04:53 / 17:11	05:05 / 18:43	04:33 / 19:12	04:28 / 19:29
25	06:11 / 16:05	05:36 / 16:42	04:51 / 17:12	05:03 / 18:44	04:32 / 19:13	04:28 / 19:29
26	06:10 / 16:06	05:34 / 16:43	04:50 / 17:13	05:02 / 18:45	04:32 / 19:14	04:28 / 19:29
27	06:10 / 16:08	05:33 / 16:44	04:48 / 17:14	05:01 / 18:46	04:31 / 19:15	04:29 / 19:29
28	06:09 / 16:09	05:31 / 16:46	04:46 / 17:15	04:59 / 18:47	04:31 / 19:16	04:29 / 19:29
29	06:08 / 16:10		05:45 / 18:16	04:58 / 18:48	04:30 / 19:16	04:29 / 19:29
30	06:07 / 16:11		05:43 / 18:17	04:57 / 18:49	04:29 / 19:17	04:30 / 19:29
31	06:06 / 16:12		05:41 / 18:18		04:29 / 19:18	

# Alba / Tramonto 2026

Mese						
	Luglio	Agosto	Settembre	Ottobre	Novembre	Dicembre
1	04:30 / 19:29	04:54 / 19:10	05:24 / 18:28	05:53 / 17:38	05:26 / 15:53	06:00 / 15:30
2	04:31 / 19:29	04:55 / 19:09	05:25 / 18:26	05:54 / 17:37	05:27 / 15:52	06:01 / 15:30
3	04:31 / 19:29	04:56 / 19:08	05:26 / 18:25	05:55 / 17:35	05:28 / 15:51	06:02 / 15:30
4	04:32 / 19:29	04:57 / 19:07	05:27 / 18:23	05:56 / 17:33	05:29 / 15:49	06:03 / 15:29
5	04:33 / 19:28	04:58 / 19:06	05:28 / 18:21	05:57 / 17:32	05:30 / 15:48	06:03 / 15:29
6	04:33 / 19:28	04:59 / 19:05	05:29 / 18:20	05:58 / 17:30	05:32 / 15:47	06:04 / 15:29
7	04:34 / 19:28	05:00 / 19:03	05:29 / 18:18	05:59 / 17:29	05:33 / 15:46	06:05 / 15:29
8	04:34 / 19:28	05:01 / 19:02	05:30 / 18:17	06:00 / 17:27	05:34 / 15:45	06:06 / 15:29
9	04:35 / 19:27	05:02 / 19:01	05:31 / 18:15	06:01 / 17:25	05:35 / 15:44	06:07 / 15:29
10	04:36 / 19:27	05:03 / 19:00	05:32 / 18:13	06:02 / 17:24	05:36 / 15:43	06:08 / 15:29
11	04:36 / 19:26	05:04 / 18:58	05:33 / 18:12	06:03 / 17:22	05:37 / 15:42	06:09 / 15:29
12	04:37 / 19:26	05:05 / 18:57	05:34 / 18:10	06:04 / 17:21	05:39 / 15:41	06:10 / 15:29
13	04:38 / 19:25	05:06 / 18:56	05:35 / 18:08	06:05 / 17:19	05:40 / 15:40	06:10 / 15:30
14	04:39 / 19:25	05:06 / 18:55	05:36 / 18:07	06:06 / 17:18	05:41 / 15:40	06:11 / 15:30
15	04:39 / 19:24	05:07 / 18:53	05:37 / 18:05	06:07 / 17:16	05:42 / 15:39	06:12 / 15:30
16	04:40 / 19:24	05:08 / 18:52	05:38 / 18:03	06:08 / 17:15	05:43 / 15:38	06:12 / 15:30
17	04:41 / 19:23	05:09 / 18:50	05:39 / 18:02	06:09 / 17:13	05:44 / 15:37	06:13 / 15:31
18	04:42 / 19:22	05:10 / 18:49	05:40 / 18:00	06:10 / 17:12	05:45 / 15:36	06:14 / 15:31
19	04:43 / 19:22	05:11 / 18:48	05:41 / 17:58	06:11 / 17:10	05:47 / 15:36	06:14 / 15:31
20	04:43 / 19:21	05:12 / 18:46	05:42 / 17:57	06:12 / 17:09	05:48 / 15:35	06:15 / 15:32
21	04:44 / 19:20	05:13 / 18:45	05:43 / 17:55	06:13 / 17:07	05:49 / 15:34	06:15 / 15:32
22	04:45 / 19:20	05:14 / 18:43	05:44 / 17:53	06:15 / 17:06	05:50 / 15:34	06:16 / 15:33
23	04:46 / 19:19	05:15 / 18:42	05:45 / 17:52	06:16 / 17:05	05:51 / 15:33	06:16 / 15:33
24	04:47 / 19:18	05:16 / 18:40	05:46 / 17:50	06:17 / 17:03	05:52 / 15:33	06:17 / 15:34
25	04:48 / 19:17	05:17 / 18:39	05:47 / 17:48	05:18 / 16:02	05:53 / 15:32	06:17 / 15:35
26	04:49 / 19:16	05:18 / 18:37	05:48 / 17:47	05:19 / 16:01	05:54 / 15:32	06:17 / 15:35
27	04:49 / 19:15	05:19 / 18:36	05:49 / 17:45	05:20 / 15:59	05:55 / 15:31	06:18 / 15:36
28	04:50 / 19:14	05:20 / 18:34	05:50 / 17:43	05:21 / 15:58	05:57 / 15:31	06:18 / 15:37
29	04:51 / 19:13	05:21 / 18:33	05:51 / 17:42	05:22 / 15:57	05:58 / 15:31	06:18 / 15:37
30	04:52 / 19:12	05:22 / 18:31	05:52 / 17:40	05:24 / 15:55	05:59 / 15:30	06:19 / 15:38
31	04:53 / 19:11	05:23 / 18:29		05:25 / 15:54		06:19 / 15:39